



**YOUR LIFE AND HEALTH ARE THE MOST VALUABLE THINGS YOU HAVE - DO NOT FORGET THAT!**

consuming alcoholic beverages, narcotics and psychotropic substances is forbidden before or during work and you are obligated to submit to a test carried out by the employer or an inspection authority in order to find out if you are under the influence of alcohol, narcotics or psychotropic substances.

smoking is not allowed at workplaces.

if your work is classified as risky, you are obligated to participate in revitalizing stays.

you are obligated to immediately notify the employer of any workplace injuries, other injuries, dangerous events (which endangered the life or health of an employee but didn't result in any harm) and breakdowns.



**DO NOT UNDERESTIMATE ANY SITUATION WHICH MIGHT ENDANGER YOUR LIFE AND HEALTH OR THE LIFE AND HEALTH OF OTHER PEOPLE.**

it is also important to participate in the work-related preventive medical examination to which your employer will send you during your working hours.

do not forget to take part in refresher trainings and work-related preventive medical examination every five years so that your license, certificate or written documents do not expire.



Should you have any questions, please do not hesitate to contact a labour inspectorate in your region where you can get free counselling regarding safe work.

The contact information for labour inspectorates, as well as other information, can be found at the website [www.ip.gov.sk](http://www.ip.gov.sk) and on the Facebook profile 'Inšpekcia práce SR' (<https://www.facebook.com/inspekciapracesr>).

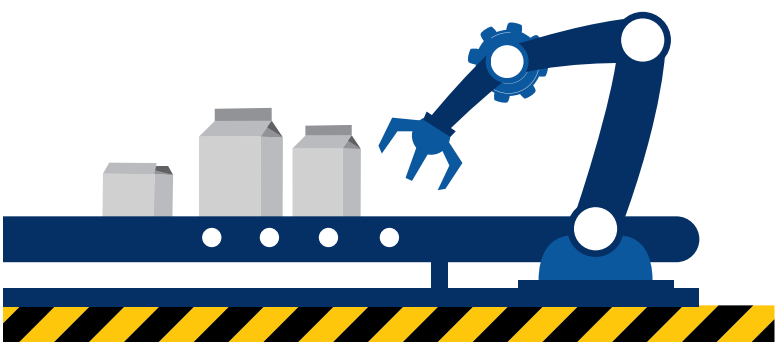


**WORK SAFELY**

**National Labour Inspectorate**  
[www.ip.gov.sk](http://www.ip.gov.sk)

## DO YOU FEEL SAFE AT WORK?

Do you work safely, at a safe workplace and with minimal danger to your health and life? Do you know your rights and responsibilities related to occupational health and safety? This flyer aims to provide you with basic information about the above and to help prevent the occurrence of workplace events threatening your health or life.



## WHAT YOU SHOULDN'T UNDERESTIMATE:

your training when starting a new job, being transferred to a different workplace, new posting, when a new technology, process or a new tool (machine, etc.) is being implemented,

your employer is obligated to inform you about the requirements of regulations meant to protect your life and health, about the rules for safe work, the rules of safe workplace conduct and with safe working procedures,

your employer must give you the information in an understandable way and to check if you understood everything included in the training correctly,

if you're working with more complex machines or process lines, the employer must give you training for their operation,



**IF ANYTHING IS UNCLEAR TO YOU, YOU HAVE THE RIGHT TO DISCUSS ANY QUESTIONS RELATED TO OCCUPATIONAL HEALTH AND SAFETY AND YOUR JOB POSITION WITH YOUR EMPLOYER.**

if the employer assigned you personal protective equipment (PPE) for the purpose of protection of life and health, they are obligated to explain to you how to use it correctly during the training



the assignment and handover of PPE (e. g. protective gloves, helmet, glasses, hearing protection, etc.) must be confirmed and signed, usually in the employee's personal file or on a separate form.



**YOU ARE OBLIGATED TO USE YOUR PPE AND TO MAINTAIN IT AS EXPLAINED TO YOU IN TRAINING.**



during the introductory training, the employer must give you information on escape routes and emergency exits, on people trained to provide first aid, on the placement of first-aid kits at the workplace and on people to whom the occurrence of a workplace injury, workplace accident, etc. is to be notified.

you have the right to reject work or to leave the workplace and find safety if you reasonably believe that your life and health (or the life and health of other people) is in immediate danger.



**THE EMPLOYER IS NOT THE ONLY ONE RESPONSIBLE FOR YOUR SAFETY AND FOR THE PROTECTION OF YOUR HEALTH - YOU NEED TO BE AWARE OF YOUR OWN RESPONSIBILITIES AS WELL.**

## OTHER IMPORTANT TIPS AND RECOMMENDATIONS:

as an employee, you are obligated to carry out work, to operate and use work equipment (machines, tools or devices used in your work), materials, dangerous materials and other resources in line with the manual with which you have been properly and demonstrably acquainted, as well as in line with the knowledge resulting from your education and professional competence,



avoid tampering with or modifying the safety and protection devices of machines (removing protective covers, blocking limit switches, etc.), as such machine modifications are the most common cause of lethal workplace injuries and workplace injuries with life-long consequences,

avoid entering any spaces which you are not authorized to enter or in which your life and health could be put into immediate danger,